



Endoscopy Center
Bon Secours St. Francis Hospital
Charleston, SC 29414

Endoscopy Discharge Instructions

General Information:

If you have received medication for your procedure, your reflexes will be decreased. You may experience drowsiness, dizziness or slight nausea. You **must** have someone drive you home. For the next 24 hours, **do not drive** any type of vehicle, operate machinery, or drink alcohol. Go directly home from the hospital and restrict our activities for the rest of the day. You may resume your most of your normal activities and return to work the day after your procedure, unless otherwise instructed by your doctor. However, remember, do not plan to drive any type of vehicle for at least 24 hours.

Diet: You should be able to drink water without difficulty before you leave the hospital. Advance to your usual diet as tolerated unless otherwise directed by your doctor.

Medication (unless otherwise instructed by your doctor):

- 1) Do not take any aspirin or aspirin-containing products. This includes Anacin, Excedrin, Goody Powder, BC, Ecotrin, Alka-Seltzer, etc.)
- 2) Do not take any nonsteroidal anti-inflammatory drugs or any other arthritis medication such as Advil, Motrin, Nuprin, Voltaren, Ibuprofen.
- 3) If you are advised to start a new medicine after the procedure, let your doctor know if you develop nausea, vomiting, itching or rash.

Additional instructions vary depending on your procedure. Your doctor and nurse will specify which ones may apply to you. They may include:

- 1) You may experience a feeling of fullness in your abdomen. This should be relieved as you pass gas.
- 2) You may experience a sore throat.
- 3) You may see some blood with your first bowel movement after the procedure. If large amounts of bright red blood are passed or you develop severe abdominal pain, call your doctor immediately.
- 4) Call your doctor if you experience any nausea, vomiting, increased abdominal distention or pain, any new or increased bleeding, fever or chills.