The Roper St. Francis Cancer Center is at the forefront in the fight against cancer. As a regional leader in cancer care, our multidisciplinary team of experts, including board certified medical, surgical and radiation oncologists, and oncology certified nurses and social workers, combine with the use of the most advanced cancer fighting technology available with highly personalized, compassionate care.

Because effective treatment begins with expert diagnosis, the Cancer Center continually invests in diagnostic technology upgrades. Our new Positron Emission Tomography – Computed Tomography (PET/CT) Discovery STE system can reveal the extent of the disease by differentiating between cancerous and non-cancerous tissues, and pinpoint exact tumor location so optimal treatment decisions can be made. In addition to digital mammography, our Breast Care Center offers Breast Magnetic Resonance Imaging (MRI) with CAD Stream, a sophisticated imaging technology that clearly reveals lesions and tumor parameters, which translates to more precise treatment and better outcomes.

The Roper St. Francis Cancer Center offers the latest technologies in radiation therapy and medical oncology as well. We are proud to be the first in the region to offer the da Vinci Surgical Robot, which uses robotic technology to enhance the precision of certain surgical procedures with a minimally invasive approach. This yields a lower risk for complications and a quicker return to normal activities. The CyberKnife, a breakthrough technology designed to treat
otherwise inoperable tumors, was unveiled at Roper Hospital in January of 2008. As the only CyberKnife device in South Carolina, patients throughout the region now have access to this lifesaving treatment closer to home. Our new Varian Clinac 21iX Linear Accelerator delivers state-of-the-art Image Guided Radiation Therapy (IGRT), targeting tumors with increased accuracy and precision. Similarly, Roper St. Francis medical oncologists are successfully using genetic testing and targeted therapies to offer chemotherapy treatments that are more effective with less toxicity and fewer side effects.

We also recognize the broader responsibility to lessen the burden of cancer in our community. Several community-based programs related to screening, prevention and early diagnosis are offered on a regular basis, as well as a variety of patient and survivor support groups. We partner with the American Cancer Society for innovative programs addressing quality of life issues such as our I Can Cope program for cancer patients and their loved ones, or Look Good...Feel Better, a program to help women offset appearance related changes from cancer treatment. Expressions of Healing, a unique Roper St. Francis program has helped hundreds deal with cancer’s emotional toll by enabling them to express their feelings through poetry and art.

Our three-year Accreditation with Commendation by the American College of Surgeons (ACoS) Commission on Cancer, awarded in 2005, underscores our high standards and record of excellence. Only 25 percent of all hospitals providing cancer care in the United States achieve accreditation by the Commission on Cancer, with an even smaller subset awarded accreditation with Commendation. This elite status is reserved for programs that not only have a comprehensive cancer program, but are best able to make those components function in synchrony for the benefit of cancer patients. Simply put, this level of achievement is a testimony to the expertise and dedication of our team.

With ongoing clinical research, promising new technologies, determined physicians and visionary leaders, the Roper St. Francis Cancer Center continues to make headway against cancer. We are proud of the care we provide, and excited about new opportunities to help more patients and families live the life that they and we envision – free from the fear of cancer.

David Ellison, MD
Medical Director
Cancer Committee Chairman

Scott Broome, FACHE
Director, Oncology Services
Support Team

Elizabeth McCaleb, MSW, OSW-C
Oncology Social Worker
(843) 724-2794
Elizabeth is a board certified Oncology Social Worker with over 16 years of experience in healthcare. In addition, she is a member of the Association of Oncology Social Workers and the National Association of Social Workers. Elizabeth optimizes the patient and family’s problem solving abilities and coping skills as they encounter different stages of the cancer experience. Elizabeth works together with Kelly Weeks, the Cancer Center’s ACS Patient Resource Navigator.

Kelly Weeks
ACS Patient Resource Navigator
(843) 724-2849
Kelly meets with newly diagnosed patients to identify individual needs and connect them with resources available through the Roper St. Francis Cancer Center and the American Cancer Society. She routinely addresses such needs as general cancer education, financial and insurance assistance, transportation to treatment, nutritional counseling and support group options.

Jody McCrain
5 South Oncology Inpatient Case Manager
(843) 724-2497
Jody is the Inpatient Case Manager for Oncology and has nearly 10 years of hospital case management and social work experience. Jody meets with every patient and family that is admitted to 5-South and assesses individual needs. She is responsible for various aspects of care management and works closely with other departments and physicians. In addition, she assists patients with discharge planning needs, resources and community referrals. Jody works closely with Elizabeth McCaleb and Kelly Weeks in providing exceptional support to our Oncology patients and their families.

Wynde Limehouse, RN, OCN
Clinical Manager, Outpatient Oncology & Oncology Research
(843) 724-2818
Wynde is an Oncology Certified Nurse with over 14 years of healthcare experience, all of which have been spent at the Roper St. Francis Cancer Center. She currently oversees Outpatient Infusion at Roper and St. Francis Hospitals and works closely with the Manager of Inpatient Oncology to ensure continuity of care for all cancer patients. As Manager of Oncology Research, Wynde works with her staff to offer our cancer patients the opportunity to participate in clinical trials.

Catherine Meza, RN, BSN, OCN
Clinical Manager, 5 South Inpatient Oncology
(843) 724-2398
Catherine is the Clinical Manager of 5 South, Roper’s 22-bed inpatient oncology and hematology unit. In 2004, Catherine began her nursing career as a 5 South staff nurse where she remained for three years before moving over to the Cancer Center’s Oncology Research department. She is an Oncology Certified Nurse and a member of the National Oncology Nursing Society.
Support Team

Jacqueline Dioses, RT(T)
Radiation Oncology Department Manager
(843) 724-2426
Jackie is a licensed Radiation Therapist with over 30 years of experience in Radiation Oncology, the last 11 of which have been spent in Radiation Oncology management. She oversees the daily operations, marketing, patient satisfaction and clinical outcomes for the Cancer Center’s Radiation Oncology Department, in addition to planning and implementing new technologies and services.

Teresa Pischner, RN, MSN, OCN, BHS
Breast Nurse Navigator
(843) 724-2747
Teresa is an advanced practice nurse with an in-depth understanding of breast cancer making her an invaluable advocate for those battling breast cancer. She guides our breast cancer patients through the complex maze of new information, treatment options and therapy regimens. Teresa is a helpful resource and familiar face to comfort and assist throughout treatment and recovery, allowing patients to focus energy and efforts on health and recovery.

Holly Neal, RD, LD
Registered Dietitian
(843) 720-2832
Holly is a Registered and Licensed Dietitian with over two years experience at Roper St. Francis Healthcare. She is a board member of the local Charleston Trident Dietetic Association and a member of the American Dietetic Association. Holly works with patients and their family members to maximize nutritional needs throughout cancer treatment.

Elizabeth Strojny, RN, OCN
Research Nurse Recruiter
(843) 720-8386
Elizabeth is an Oncology Certified Nurse with five years of experience within the Cancer Center. She acts as a clinical research nurse dedicated to recruiting, screening and enrolling patients in clinical trials that cover all disease sites.

Chaplain Bob Morris
and the Pastoral Care Team
(843) 724-2132
Chaplain Bob Morris is the Director of Pastoral Care for Roper St. Francis Healthcare and has spent his career in hospital ministry. Bob and his Pastoral Care team, made up of six chaplains from a variety of denominations, provide a compassionate and caring presence for patients and their families. As with any illness, having cancer may raise questions of meaning, purpose and identity, and the Pastoral Care team is on hand to help patients address spiritual issues that may arise during the course of treatment. Whatever the chaplains’ denomination may be, their desire is to honor the beliefs and traditions that have meaning to the patient and help the patient draw upon their own spirituality.
Our Program
Our Program

Inside the Roper St. Francis Cancer Center

Infusion Therapy/Outpatient Chemotherapy

Chemotherapy is the use of medications to destroy cancer cells and stop them from growing and spreading. Chemotherapy agents and dosage schedules vary according to the type of cancer involved, whether or not it has metastasized, the extent of its growth and the patient’s general health. Our medical oncologists are on the cutting edge of new chemotherapy regimens and all of our nurses are specially trained in managing the administration and side effects of chemotherapy. Whether you are being treated on an inpatient or outpatient basis, our experienced staff will see that you receive outstanding care.

Radiation Therapy

Radiation therapy involves the use of high energy x-rays, gamma rays, neutrons, protons, electrons and other sources to destroy tumor cells. Radiation therapy injures or destroys cells in the target area by damaging their genetic material, making it impossible for these cells to continue to grow and divide. Although radiation damages both cancer cells and normal cells, normal cells can recover from the effects of radiation and rebuild. The goal of radiation therapy is to damage as many cancer cells as possible, while limiting harm to nearby healthy tissue. To deliver radiation therapy, a specialized machine may deliver ionizing radiation known as external-beam radiation therapy, or it may come from radioactive materials placed in the body near cancer cells, known as Brachytherapy.

The Roper St. Francis Cancer Center offers the latest radiation technology including:

Three-Dimensional (3-D) conformal radiation therapy uses computer technology to more precisely target a tumor with radiation beams (using width, height, and depth). Using information from a CT (Computed Tomography), MRI (Magnetic Resonance Imaging), or PET (Positron Emission Tomography), special computer programs can design radiation beams that “conform” to the shape of the tumor.

Intensity Modulated Radiation Therapy (IMRT) uses advanced computer software to divide each radiation beam into multiple rays or beamlets and assigns different intensities to individual rays. This allows beams to be more precisely focused on cancer cells and away from surrounding tissue and organs, resulting in reduced side effects. The National Cancer Institute officially credentialed Roper St. Francis Healthcare in 2004 for the delivery of any IMRT Protocol.
Live Source

*High Dose Rate Brachytherapy (HDR)* is a type of treatment using radioactive material in place for 10-20 minutes at a time and then taken out via a catheter. You may have treatment twice a day for 2 to 5 days or once a week for 2 to 5 weeks. During the course of treatment, a catheter or applicator may stay in place, or it may be put into place before each treatment. Roper St. Francis Cancer Center offers Partial Breast Irradiation (PBI), also known as Mammosite treatments, as well as HDR for gynecologic cancers.

*Low-dose rate (LDR)* implant is a type of treatment where radioactive material stays in place for 1–7 days using an applicator. The Center offers LDR for gynecologic cancers.

*Permanent Implants* is a type of treatment where the radiation source (seeds) is placed by catheters or needles. The implants always stay in the body while the radiation diminishes each day over time. The Center offers permanent implants for prostate cancers. We also use radioactive drugs to treat cancers such as thyroid cancer and bone metastases. The most commonly used radiopharmaceuticals are Iodine and Samarium 153 (Quadramet).

Image Guided Radiation Therapy (IGRT) uses real time X-ray technology to ensure that the radiation target is in the same position every treatment session. This technology is integrated with automated repositioning features allowing radiation therapists to visualize and correct for patient movements.

*CyberKnife* is a non-invasive alternative to surgery for the treatment of tumors anywhere in the body. CyberKnife treatments deliver high-energy x-ray to tumors with extreme accuracy. As an outpatient procedure, CyberKnife treatment is completed in one to five days. Roper St. Francis Cancer Center is the only facility in South Carolina offering CyberKnife.

Our radiation oncology team is comprised of board certified radiation oncologists, department managers, board certified medical physicists, board certified medical dosimetrists, a chief radiation therapist, licensed radiation therapists, registered nurses, and several business office staff, all dedicated to providing you with excellent quality care.
Blood and Marrow Transplant (BMT)

BMT is a treatment therapy for cancers such as leukemia, lymphoma and multiple myeloma or other non-malignant diseases involving the bone marrow. Marrow contains stem cells, the cells from which red and white blood cells and platelets develop, and a transplant can provide a new immune system for patients with particularly resistant diseases. The BMT Unit at Roper Hospital is an accredited Transplant Center with the National Marrow Donor Program and the only dedicated BMT unit in the region. Our self-contained facility is specifically designed to provide optimal medical and nursing care for both inpatient and outpatient treatments.

Our transplant team includes board certified doctors, a transplant coordinator, registered nurses, an oncology pharmacist, physical therapists and clergy members.

Because seamless continuity of care improves outcomes, the same nurses care for patients through all phases of the transplant process. Your transplant doctor will be available 24 hours a day to address concerns and direct every aspect of your care.

Inpatient Oncology/5-South

Located in the heart of the Cancer Center on the 5th Floor, Inpatient Oncology is a 22-bed unit with all private, patient rooms. The staff on 5-South are dedicated professionals providing caring and compassionate service to cancer patients and their families during various stages of diagnosis and treatment. All of our nurses are specially trained to manage the complex issues surrounding cancer care and many are certified by the Oncology Nursing Society (ONS), the leading professional association in oncology nursing. Physicians and nurses collaborate daily to make sure that exceptional patient care is given.

Clinical Trials/Oncology Research

Roper St. Francis maintains an active Oncology Research department that offers patients the ability to participate in national research studies through our association with the Southeast Cancer Control Consortium. Participation in clinical trials gives our patients access to the most up-to-date treatments, before they become broadly introduced. Our Oncology Research department has studies in numerous disease site areas with an average of 30 studies open for treatment and prevention at any given time.

Patient Resource Center

Our Patient Resource Center houses the latest cancer-related information for our patients. Many different types of literature are on hand, including site-specific brochures and pamphlets, nutrition and treatment information as well as information on financial resources available to families. In addition, there is a computer station with Internet access for those wishing to search online for cancer information.

Cancer Registry

Cancer registries serve as a valuable research tool for understanding the development, diagnosis and treatment of cancer. Physicians rely on data collected by registries to learn more about the causes of cancer and early detection. Even after treatment, data collection is essential to determine whether the treatment has worked or determine why it has not. The Roper St. Francis Cancer Center is fortunate to have an outstanding Cancer Registry that has been tracking cancer patients’ information since January 1, 1992. Our dedicated registrars keep a database of over 23,000 cancer patients’ records and conduct annual follow-up on many of these former patients.
Getting Around
Parking Information
Parking is available in the Roper Doughty Street Garage or Roper Lucas Street Garage. Garage hours are as follows:

Monday - Friday, 7 a.m. to 1 a.m.
Saturday - Sunday, 9 a.m. to 9 p.m.

Parking is free for our patients with validation of their parking ticket. The Radiation or Outpatient Oncology reception located on the first floor of the hospital can provide validation.

Family members of patients admitted to Roper Hospital may purchase daily or weekly discount parking passes at the main information desk across from Admissions on the first floor of the hospital.

Complimentary valet parking is also offered to patients with validation of their valet ticket at Radiation or Outpatient Oncology reception. Located under the covered awning at the main entrance to the hospital on Calhoun Street, our valet attendants will gladly assist patients and drivers in and out of their car. Wheelchairs are provided if necessary. Please note that our valets do not accept tips.

For friends and family, valet parking is available for $4 for the first hour and $2 for each additional hour.
Within the Cancer Center

Infusion Therapy/Outpatient Chemotherapy (724-2297) is located on the 7th Floor next to our Surgical Intensive Care Unit just off of the E elevators.

Radiation Therapy/CyberKnife (724-2140) is located on the 1st Floor, adjacent to the Emergency Room, on the side of the hospital closest to the Doughty & Lucas Street Parking Garages.

Inpatient Oncology (724-2513) patient rooms are located on the 5th Floor (5-South), and can be easily reached by taking the D or E elevators.

Blood and Marrow Transplant (724-2955) is located on the 5th Floor, take the D or E elevators and follow the signs.

The Patient Resource Center is located in the back of the 5th Floor Atrium.

For Those Traveling

The following area hotels offer preferred rates for families of our patients wishing to stay in close proximity of their loved one during a hospital stay or treatment:

Comfort Inn – Riverview
144 Bee Street
Charleston, SC 29401
- Within walking distance
- Complimentary continental breakfast

Best Western
250 Spring Street
Charleston, SC 29401
- Within walking distance
- Onsite restaurant serves buffet breakfast only

SpringHill Suites
98 Ripley Point Drive
Charleston, SC 29407
- 1.7 miles from hospital
- Shuttle provided to/from hospital 7a.m. - 9:30 p.m.
- Complimentary full breakfast & light supper

Residence Inn Suites
90 Ripley Point Drive
Charleston, SC 29407
- 1.7 miles from hospital
- Shuttle provided to/from hospital 7a.m. - 9:30 p.m.
- Complimentary full breakfast & light supper

Holiday Inn Riverview
301 Savannah Highway
Charleston, SC 29407
- 2.6 miles from hospital
- Shuttle provided 9:30 a.m. - 9:30 p.m.
- Onsite restaurant serves breakfast, lunch & dinner

Getting Around

To take advantage of our preferred rates, please contact any of the following members of the Cancer Center Support Team for assistance:

Elizabeth McCaleb - Oncology Social Worker – (843) 724-2794
Kelly Weeks - ACS Patient Resource Navigator – (843) 724-2849
Jody McCrain - 5-South Oncology Inpatient Case Manager – (843) 724-2497
Teresa Pischner - Breast Nurse Navigator – (843) 724-2747
Support Groups
A cancer diagnosis is life changing. *I Can Cope* is an educational program for people facing cancer and those who support them. This four-part series offers reliable information, peer support and practical coping skills so that you can meet cancer’s challenge head-on. The more you know about what is happening during cancer diagnosis and treatment, the better equipped you will be to handle each step of the journey.

Light dinner and free parking provided. Planned guest speakers include diagnosis specific physicians, oncology nurse, dietician and related healthcare team members.

**Dates:** The 1st Tuesday of the month  
**Time:** 6 - 8 p.m.  
**Location:** Roper Hospital’s, Ed Parker Boardroom (7th floor).  
**Information:** Contact Elizabeth Strojny RN, OCN at (843) 720-8386 or Elizabeth.Strojny@RoperSaintFrancis.com
A diagnosis of breast cancer can be life-changing. The Breast Cancer Support Group provides an opportunity for breast cancer survivors and those currently in treatment to come together for encouragement, support, and information. Each meeting includes a timely topic related to living well after breast cancer, followed by open-ended group discussion. Light refreshments. Free parking.

**Dates:** 4th Monday of the month  
**Information:** Pre-registration for each meeting is preferred: Call 402-CARE.
Expressions of Healing is an eight-week workshop for people with cancer, survivors, families and friends. Each week, participants will express their feelings about the presence of cancer in their lives through the creative arts including, poetry, journaling and art. Art or writing experience is not necessary. The program is free, and includes materials, a light supper and free parking.

**Sessions led by:** Marjory Heath Wentworth,
South Carolina Poet Laureate
Nancy Hackard, Art Therapist

**Dates:** Call for specific dates

**Time:** 6 - 8 p.m.

**Location:** Roper Hospital
7th Floor, Edward Parker Boardroom
316 Calhoun Street, Downtown Charleston

Registration required, call 402-CARE.
The Roper St. Francis Cancer Center welcomes colon cancer patients, loved ones and survivors to join our ongoing Colorectal Cancer Support Group.

**Dates:** 1st Wednesday of the month  
**Time:** 4 - 5 p.m.  
**Dates:** Call for specific dates  
**Location:** Bon Secours St. Francis Hospital, Mall Classrooms

Bring your questions and concerns and gain strength and encouragement from others who are facing similar challenges.

For more information or to register, call Debbie Krajick at (843) 720-8388.
**Support Groups**

### General Support

**Camp Blue Bird** – Sponsored by Hollings Cancer Center, this weekend camp for adult cancer survivors is held every fall at Camp St. Christopher on Seabrook Island. Space is limited and registration is required. For more information, go to [http://hcc.musc.edu/outreach/campbluebird.htm](http://hcc.musc.edu/outreach/campbluebird.htm).

**Cancer Support Group** – Sponsored by the American Cancer Society, this group supports both patients and caregivers and meets the third Thursday of the month from 3:30 to 4:30 p.m. at the Hope Lodge, 269 Calhoun Street, Charleston. Free parking in back. Contact: The Hope Lodge (843) 958-0930.

**Caregivers Support Group** – For those with loved ones living with cancer, this group meets at 6:30 p.m. on the first Tuesday of the month at the Trident Cancer Center, 9330 Medical Plaza Dr., Charleston. Contact: Joy Allen (843) 847-4134 or Joy.Allen@HCAHealthcare.com.

**Charleston Dragon Boat** – A “support group on water” where cancer survivors paddle a dragon boat in competitions to encourage healthy healing and provide a positive community role model demonstrating courage, determination and teamwork. Contact: Sterling Hannah (843) 442-6167.

### Expressions of Healing

**Expressions of Healing** – Sponsored by Roper St. Francis Cancer Center, this eight-week workshop is for patients, survivors, families and friends touched by cancer. Led by the South Carolina Poet Laureate and an art therapist, the group expresses their feelings about cancer in their lives through poetry, journaling and art. The program is free and includes materials, dinner and free parking. Meets in the fall and spring, Thursdays from 6 to 8 p.m., Roper Hospital, 316 Calhoun St., Edward Parker Boardroom. For more information or to register, call 402-CARE.

### Hope and Healing

**Hope and Healing** – A grief support group led by a bereavement counselor that meets for coffee on Thursdays from 10:30 to 11:30 a.m. at Hospice of Charleston, 3870 Leeds Ave., Suite 101, North Charleston. Contact: Susan Gough (843) 529-3100.

### I Can Cope

**I Can Cope** – The Roper St. Francis Cancer Center and American Cancer Society sponsor this four-session educational program for cancer patients and their families or caregivers. Program features guest speakers, education and support and is offered the first Tuesday of the month at 6 p.m. at Roper Hospital, 316 Calhoun St., Charleston. A light dinner and free parking provided. For more information or to register, contact Elizabeth Strojny at (843)720-8386 or Elizabeth.Strojny@rsfh.com.

**I Can Cope** – American Cancer Society sponsored support group meets the third Tuesday of the month at 6:30 p.m. at Trident Cancer Center. Contact: Joy Allen at (843) 847-4134 or Joy.Allen@HCAHealthcare.com.

### Look Good, Feel Better

**Look Good, Feel Better** – American Cancer Society partners with Cosmetic, Toiletry and Fragrance Association and the National Cosmetology Association to offer this free support group to women undergoing chemotherapy or radiation treatment. Offered monthly, the program helps women cope with appearance-related side effects of treatment to renew self-esteem and confidence. For more information or to register, please call 800-ACS-2345.

### Mount Pleasant Presbyterian Cancer Club

**Mount Pleasant Presbyterian Cancer Club** – For survivors, caregivers, family and friends, this group meets the fourth Thursday of the month from 7 to 9 p.m. in the parlor at Mt. Pleasant Presbyterian, 302 Hibben St., Mount Pleasant. Contact: Tom Herrington (843) 884-4612 or therrington@mppc.net.

### Brain Cancer Support:

**Brain Tumor Support Group** – Sponsored by Hollings Cancer Center, this group meets the second Wednesday of the month from 12 noon to 1:30 p.m. at MUSC’s Clinical Sciences Building, Room 429, Charleston. Lunch and free parking provided. Contact: Elena Bell (843) 792-3346 or belle@musc.edu.
Support Groups

**BREAST CANCER SUPPORT**

*Roper St. Francis Breast Cancer Support Group* – Sponsored by Roper St. Francis Cancer Center, this group is for breast cancer survivors and those currently in treatment. Each meeting includes a timely topic related to living well with breast cancer, followed by group discussion. Light refreshments. Free parking. Meets the fourth Monday of the month from 5:30 to 6:30 p.m., at Roper Hospital, 316 Calhoun St., Conference Room 1, Charleston. Call 402-CARE for more information or to register.

*Breast Cancer Support Group* – For women who have or have had breast cancer, this group meets the fourth Tuesday of the month at 6:30 p.m. at Trident Cancer Center, 9330 Medical Plaza Dr., Charleston. Contact: Joy Allen (843) 847-4134.

*East Cooper Breast Cancer Support Group* – Sponsored by East Cooper Hematology and Oncology, PA, the group meets the last Monday of the month from 6:30 to 7:30 p.m. at East Cooper Medical Center, 1200 Johnnie Dodds Blvd., First Floor Classroom, Mt. Pleasant. For more information, please call (843) 881-5844.

*Reach to Recovery* – A one-on-one visitation program for women facing breast cancer sponsored by the American Cancer Society. Trained volunteer breast cancer survivors provide non-medical information, support and practical tips. Each patient receives several free gifts. For more information, please call (888) 227-6333 or go to www.cancer.org.

**SECOND CHANCE/RISE SISTER RISE** – A support group formed especially for African-American women who have survived or are coping with breast cancer. Group meets the fourth Monday of the month from 6 to 7 p.m. at 166 St. Margaret St., Charleston. Contact: Cherry Seabrook (843) 722-6245.

**COLON CANCER SUPPORT**

*Colon Cancer Support Group* – Meets the second Monday of the month from 6:30-7:30 p.m. at East Cooper Medical Center, 1200 Johnnie Dodds Blvd., First Floor Classroom, Mt. Pleasant. For more information, please call (843) 412-1841.

*Colorectal Cancer Support Group* – Sponsored by the Roper St. Francis Cancer Center, this group supports patients, loved ones and survivors affected by colorectal cancer. Meets the first Wednesday of the month from 4 to 5 p.m. at Bon Secours St. Francis Hospital, 2095 Henry Tecklenburg Dr., Mall Classroom, Charleston. For more information or to register, contact Debbie Krajick (843) 720-8388.

**OVARIAN CANCER SUPPORT**

*Ovarian Cancer Support Group* – Meets for lunch the first Tuesday of the month at various area restaurants. Contact: Sue Henderlite (843) 881-3232.

**PROSTATE CANCER SUPPORT**

*Prostate Cancer Support Group* – Meets the first Tuesday of the month from 7 to 8 p.m. at East Cooper Medical Center, 1200 Johnnie Dodds Blvd., First Floor Classroom, Mt. Pleasant. For more information, please call (843) 884-7031.

*“Us Too” Prostate Cancer Support Group* – Charleston chapter of international network of support groups for men with prostate cancer and their families. The group meets the first Tuesday of the month from 7 to 9 p.m. at Bethel United Methodist Church, 57 Pitt St., Charleston. Contact: Bob Strobel (843) 766-9360 or Reuben Martin (843) 556-1758.

**THROAT/TONGUE CANCER SUPPORT**

*Throat/Tongue Cancer Support* – A cancer survivor in remission who is willing to offer support to others. Contact: Billie Attaway (843) 514-2200.

**SUPPORT FOR CHILDREN & TEENS**

*Brett’s Rainbow* – Annual camp for young people ages 6 to 16 that have experienced the death of someone special. Camp is held each fall, led by trained bereavement counselors and is free of charge. A parent or guardian is encouraged to attend with the child. Contact: Karen Brazell (800) 238-1884 or Karen.Brazell@palmettohealth.org.

*Shannon’s Hope* – Sponsored by Hospice of Charleston, this therapeutic weekend camp is held twice a year in March & October at Camp St. Christopher on Seabrook Island for grieving tri-county area children ages 6 to 15. An application is required and a nominal fee is requested. Contact: Susan Gough (843) 529-3100.
Recommended Books and Websites
Recommended Books and Websites

**General Cancer Care**
- www.oncolink.com
- www.cancer.org
- www.cancer.net
- www.cancercare.org
- www.cancer.gov/cancerinformation
- www.webmd.com
- www.acor.org
- www.nccn.org
- www.mayoclinic.org
- www.healthtalk.com/go/cancer
- www.cancerguide.org
- www.livestrong.org
- www.nih.gov
- www.canceradvocacy.org

*The Cancer Dictionary* by Michael Sarg
*Triumphs of the Human Spirit* by Barry Summers
*Understanding Cancer* by Norman Coleman
*Everyone’s Guide to Cancer Therapy (5th edition)* by Ernest Rosenbaum
*Here and Now: Inspiring Stories of Cancer Survivors* by E. Dorfman & H. Schultz Adams
*Diagnosis: Cancer* by Wendy Harpham
*Caregiving (revised edition)* by Peter Houts and Julia Bucher
*Cancer: How Will I Get Through This?* by Kevin Molloy
*Cancer: 50 Essential Things to Do* by Greg Anderson
*The Journey Through Cancer* by Jeremy Geffen
*Surviving Cancer Emotionally* by Roger Granet

**Nutrition**
- www.eatright.org
- www.aicr.org
- www.health.discovery.com
- www.mayoclinic.com
- www.cancer.gov/cancertopics/eatinghints
- www.nal.usda.gov/fnic

*Eating Well Through Cancer* by Holly Clegg & Gerald Miletello
*What to Eat if You Have Cancer* by Maureen Keane & Daniella Chace
*One Bite at a Time: Nourishing Recipes for Cancer Survivors & Their Friends* by Rebecca Katz

**Alternative & Complementary Therapies**
- www.drweil.com
- www.cancer.gov/cam
- www.nccam.nih.gov
- www.mskcc.org/mskcc

**Family**
- *When a Parent Has Cancer* by Wendy Harpham
- *When Life Becomes Precious* by Elise Babcock
- *The Fall of Freddie the Leaf* by Leo Buscaglia

**Inspirational**
- *It’s Not About the Bike* by Lance Armstrong
- *The Gift of Peace* by Joseph Bernardin
- *Beyond Miracles: Living with Cancer* by Stephan Hersh
- *The Human Side of Cancer* by Jimmie Holland & Sheldon Lewis
- *When Bad Things Happen to Good People* by Harold Kushner
- *Live Strong: Inspirational Stories from Cancer Survivors* by The Lance Armstrong Foundation
- *The Last Lecture* by Randy Pausch
- *Peace. Love and Healing* by Bernie Siegel
- *Love, Medicine and Miracles* by Bernie Siegel
- *How to Live Between Office Visits* by Bernie Siegel
- *Prescriptions for Living* by Bernie Siegel

**Clinical Trials**
- www.southeastcancercontrol.org
- www.cancer.gov
- www.cancer.org/docroot/home/index.asp
- www.calgb.org
- www.nsabp.pitt.edu
- www.ctsu.org
- www.swog.org
- www.wfubmc.edu/cancer/Researchbase
Recommended Books and Websites

**Treatment**

*Making the Radiation Decision* by David Brenner & Eric Hall  
*Coping with Radiation Therapy*  
by Cukier, McCullough & Gingerelli  
*Bone Marrow and Blood Stem Cell Transplants: A Guide for Patients* by Susan Stewart

**Stress**

*Full Catastrophe Living* by Jon Kabat-Zinn

For a list of recommended site-specific cancer books and websites (i.e. – breast cancer, lung cancer, etc.), please visit our Patient Resource Center located in the Cancer Center’s Atrium on the 5th Floor.
How Can I Help?

The vision of Roper St. Francis Healthcare is simple but ambitious: *Healing all people with compassion, faith and excellence.* We are committed to being one of the most technologically advanced healthcare facilities in the Southeast, while providing exceptional care to our patients and their families. Every successful stride we make in cancer research, prevention initiatives, innovative patient care and cancer education today could very well benefit you, or someone you love, tomorrow.

Please consider joining this effort by supporting the mission of Roper St. Francis Healthcare with a tax-deductible charitable donation. Several types of gifts or donations are possible, such as:

- A general donation – which can provide seed funding for exciting new initiatives in research and treatment.

- A donation directed to a specific area of research or treatment.

- An “In Honor” or “In Memory” donation - a gift in honor or memory of a friend or loved one, or for a special occasion, such as a birthday or anniversary.

- A planned gift

For specific information on how to help, please contact the Roper St. Francis Foundation at (843) 789-1615.