

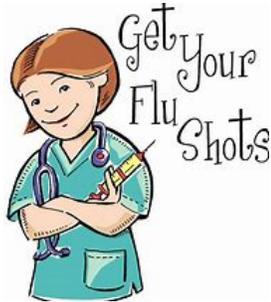
Connections

Newsletter for the hospital volunteers, students & friends of Roper St. Francis Healthcare

October 2018

Get Your Flu Shots

Flu vaccines are mandatory to protect our patients. If you receive yours elsewhere, bring the documentation to your coordinator so we can check you off our master list. When availability is announced, active volunteers may report to your facility Employee Health Office during regular hours and get the flu shot free of charge. Minors should get theirs in their MD office and bring documentation. St. Francis volunteers be aware of the health office relocation to the Human Resources office on the east end. Important: **Do not report for service after 12/1 without a documented flu shot.**



Trick or Treat!

Bring candy treats to stock our cauldrons and join fellow volunteers on Wed., 10/31 as we roam the hospital treating the staff and visitors.



Volunteers and teammates (where permitted) are invited to join the fun by wearing **50s-themed** costumes this year! Touch base with your coordinator for details and times. Non-frightening costumes recommended.

Lunch Bunch



Roper Hospital volunteers Randall Shealey and Ann Douty joined RSFH teammates to serve lunch at One80 Place shelter. Pictured from left to right: Angela Becker, Suha Mahli-Beall, Linda Lochemy, Randall Shealey and Ann Douty and Mitzi Neely.

Volunteer Retirement



Congratulations to George Valko on his retirement from volunteering at Bon Secours St. Francis Hospital. George ends his hospital retirement career at 90 years of age and twenty years since he joined us. He has served 3,500 hours. We will miss seeing him at the west desk on Monday mornings. All the best George!

Cancer Month

During October we send special gratitude to volunteers who work with cancer patients. From your warm welcome to patients arriving for treatment in the infusion and radiation centers, peer support to cancer patients, offering snacks, blankets and hugs during long chemo visits, volunteer service on the oncology units and tender care escorting women in the mammography centers, your kindness makes a difference during a very difficult time. Even our pet therapy pups bring a smile! We are aware that many of our volunteers are cancer survivors. We thank you.

Talking with Someone with Cancer

In volunteer roles and as friends, when talking with someone who has cancer, the most important thing is just to listen. Try to hear and understand how they feel. Don't make light, judge or try to change the way the person feels or acts. Put your own feelings and fears aside. Let them know that you are open to talking whenever they feel like it. If they don't feel like talking, that is okay as well. You can be available to listen whenever they are ready. Find more tips at: <https://www.cancer.org>

Happiness Basket

In celebration of International Happiness at Work Week, St. Francis volunteers offered teammates a chance to win a Happiness Basket filled with games, treats & movie tickets. Irene Smith pictured and basket won by Carol Walker, RN ASU.



Dates To Remember

Attention Crafters: Teammate Craft Sales

Bon Secours St. Francis Hospital - 11/30
Contact Tabitha Nolen: 843-402-1640 or ask
Joan Perry for the application form.

Roper Hospital: Contact Lynne Steele
Mount Pleasant Hospital: Contact Laurie Glass
(we are exploring interest at RH & MPH)

First Uniform Sale

Bon Secours St. Francis Hospital
Uniforms, shoes, socks & more! Payroll deduction
available for eligible registered teammates
Mall Classroom #2
10/9: 3 p.m. - 7 p.m.
10/10: 7 a.m. - 3 p.m.

Pink Bagel Campaign

Bon Secours St. Francis Hospital
Panera Bread will donate proceeds from the sale of
Pink Bagels in October to the RSFH Foundation.
Bagels will also be for sale at Bon Secours St. Francis
Hospital on 10/3 from 8 a.m. - 2 p.m.
Volunteers needed to help staff the table.

Getting to Know You BSSF



Lynn Branton grew up in Queens, NY, and moved with her family to Charleston in 1971. Married for 46 years, Lynn, pictured with husband Joe, has four children and eight grand-children. She earned her BS in business management and spent much of her career working in human resources as well as operating a property management company. Lynn was the practice manager for Palmetto Primary Care in Summerville for fifteen years before retiring in 2015.

Lynn fully intended to fill her days with volunteer activities on retirement, and we were fortunate that she offered her services to Bon Secours St. Francis Hospital. She has already served over 500 hours.

She is an active member of St. Mary's Catholic Church on Yorges Island, compiles the church bulletin, is a member of the Ladies Guild and has started a book club. At St. Francis Lynn volunteers regularly welcoming and escorting patients and guests at the East Outpatient entrance and trained in the Nursery to be a relief baby rocker when needed. She put her medical background to good use by offering to serve on the Patient Family Experience Council. Thanks Lynn!

Getting to Know You - MPH

Denise Roberts was born and raised in Johnstown, Pennsylvania. She graduated from the University of Pittsburgh, earning her degree in elementary education. Denise taught K1 and K2 for thirty-eight years before retiring to Mt. Pleasant with husband Doug last year.



Denise and Doug recently celebrated their 40th wedding anniversary. They have three children and she is the proud grandma of four grand children and five grand dogs. Son Ronnie and wife Ashley live in Maryland with children AJ and Lilly, son Ryan and his wife Stacey live in Rhode Island with children Zachary and Natalie and daughter Deanna and husband Eric live in Mt. Pleasant.

Denise is actively involved in the community and also volunteers at the Red Cross blood drives. You may recognize her from Pier One Imports, where she is known as the fragrance expert.

Denise considers volunteering as the best way she can give back. When her father died suddenly of a heart attack, her mother was admitted to the hospital the same day, also suffering from a heart attack. She clearly remembers the ladies in the blue jackets at Conemaugh Memorial Hospital being kind and attentive during a very difficult time. That stuck with her and she wanted to do the same for others. Denise serves two days a week at the Information Desk and goes above and beyond helping patients and visitors get where they are going.

Getting to Know You - RH



Andrea Wilkes joined the Roper volunteer team in early 2018. She moved from Minnesota two years ago with children Haynes - 9, Brecken - 6 and Badgley - 3.

Andrea graduated from the University of Wisconsin in Madison with degrees in Political Science and International Relations. She worked in the beauty sales industry for Elizabeth Arden perfumes in NYC.

Andrea likes to stay busy. She runs, loves stand-up paddle boarding, practices yoga, bicycle rides with her children, and enjoys cooking and reading. She completed the 13.1 mile Charleston half marathon. She loves travel and spent a year in Spain. She is very active in her children's school and sports activities. Andrea lives downtown and loves coming to Roper Hospital on Monday mornings to help patients and visitors find their way through the hospital halls. We are fortunate to have her on our team.

Let us be grateful to the people who make us happy; they are the charming gardeners who make our souls blossom.

Marcel Proust

Volunteer News:

- Roper St. Francis Healthcare is pleased to announce the opening of the Roper Hospice Cottage as an in-patient hospice facility in Mt. Pleasant. Now under RSFH management the facility was formerly Hospice of Charleston. Volunteers interested should contact Laurie Beckman at 843-402-3260.
- **Cards for Heroes:** RSFH volunteers will host tables welcoming teammates to write thoughtful holiday greetings on cards to be delivered to active duty service members. Veterans and volunteers are invited to staff the tables in each hospital facility on Friday, 11/9. Let your coordinator know if you can help.
- Keep your eye out for newborn items for our New Year's Baby baskets.

Roper Hospital:

- Welcome Matt Desmond to Roper Hospital as the new Chief Administrative Officer. Matt is new to the Charleston community but has family ties to the area. He moved here with his wife, Kelly and three sons, ages 8, 7 and 1.
- Condolences to Bonnie Bell and family on the death of her son, David Bell.
- We received a thank you from Sue Bennett, Chief Nurse Executive, in recognition of the \$5,000 donation to nursing education. The funds will purchase review materials to help our nurses pursue specialty certifications.
- Thank you to volunteers who supported the Teacher's Closet school supply drive.
- Lynne Steele invites you to join her at the at the Lowcountry Buddy Walk; 10/7 at 12 p.m. in Etiwan Park Daniel Island. The event raises funds for DSAL (Down's Syndrome Association of the Lowcountry). Registration is \$10 and donations are welcome. Contact Lynne Steele or join Team Philip at: <https://www.firstgiving.com/team/380388>



Bon Secours St. Francis Hospital:

- Congratulations to Sarah Edwards, pictured with Gretchen Morin, Chief Administrative Officer as she was recognized as a Quarterly Acts of Kindness winner. Congratulations also to Delmar Davids, recognized as an Acts of Kindness nominee after driving a patient's family to get a flat tire fixed. Gerald's Tire fixed the flat for free and Delmar brought them safety back to their car on campus.
- **Giving directions:** It can feel like playing detective as we try to understand what visitors are looking for and one of the most complicated is when they say, "I am here for Women's Services/Women's Clinic." You



might start by asking: "Do you have an MD name?" or "Where were you instructed to go?" We have quite a few Ob/Gyn practices in our east and west MOBs as well as the high risk fetal maternal clinic and of course in-patient Birth Suite. Give yourself a high five when you solve it for them!

- The Employee Health Office at Bon Secours St. Francis Hospital has relocated to the Human Resources Office at the end of the East hallway.
- **BSSF Information Desk Volunteers:** You now have the option to view just St. Francis patient directory or the entire RSFH system by using different log in passwords. Be aware of the screen you are looking at and the way to identify different facilities as "A" for Roper, "C" for St. Francis and "D" for Mount Pleasant Hospital. At the end of the day, transfer calls to "0".

Mount Pleasant Hospital:

- Congratulations to Laurie Glass who was awarded the "Living Our Mission" award at RSH Mount Pleasant Hospital.
- Thanks to everyone who made our September MPH Social such a success. The next gathering will be our holiday party on Thursday, 12/6. Details to follow.
- Stay tuned for a MPH Blood Drive date announcement. Let Laurie Glass know if you can sign up to donate or assist with registration.
- Volunteers are welcome to wear pink on duty during October in support of Breast Cancer Awareness month.
- We have a new information desk on the Women's Center wing. Let Laurie Glass know if you have an interest in training to staff this new position.

Volunteers at the Movies



In gratitude for your service this summer we have reserved a matinee at Citadel Mall theater at 12:30 p.m. on 10/11 to see the new release of Little Women!

Email RSVP's were required to make our plans so most tickets are accounted for but let us know if you would like to go. Active RSFH volunteers are welcome while ticket supplies last! Plan to pick up tickets with your coordinator before the movie date.

Waring Senior Center

We eagerly anticipate the opening of the Waring Senior Center on the Bon Secours St. Francis Hospital campus this fall. Plans for programs are being made and membership applications are being accepted.

You can download and print an application from the website at www.WaringSeniorCenter.com and select "Join." If you would like someone to speak about the Waring Senior Center to your community, group or church, contact Elizabeth Bernat, Director of Senior Services at Elizabeth.bernat@rsfh.com

Happy Birthday!

10/01 Dale Bernhardt, Lillie Moultrie
10/03 Mary Hritz
10/04 Colton Huber
10/06 Kevin Campbell
10/07 Lara Amarante, James McGarry
10/08 Andrew Dickinson
10/10 Fran Richardson
10/11 Mary Putman
10/14 Loretta Kennedy, Colleen Turick
10/15 Brenda Brown, Delmar Davids,
Emily Ramsayer
10/18 Judith Roumillat
10/19 Sue Murner
10/23 Madison Davis
10/24 Drew Pampu
10/25 Luiz Reis, Stacey Sampson
10/26 Dorothy Cordes, Ann Douty
10/27 Emily Vaughan
10/28 Danielle Wilcox
10/30 Dakota Flynn

Happiness

Who is the happiest of men?
He who values the merits of other, and in their pleasure
takes joy, even as though it were his own.
Johann Wolfgang von Goethe

Three grand essentials to happiness in this life are,
something to do, someone to love and
something to hope for.
Joseph Addison

Happiness cannot be traveled to, owned, earned,
worn or consumed. Happiness is the spiritual
experience of living every minutes with love,
grace and gratitude.
Denis Waitly

Welcome New Volunteers:

Roper Hospital: Welcome Ryan Church to Physical Therapy; Madison Carrier to the SCRUBS mentoring program; Ashley Heywood and Emily Cappelmann to the Roper Rehab Hospital; Victoria Travers to the gift shop and Joshua Moran to assist with cancer events.

Bon Secours St. Francis: Welcome Beth Smith to the PCU reception desk; Brenda Brown to the West Information Desk; Sheila Gianatos to the Lobby Information Desk and Kenley Logan to the SCRUBS Mentoring program.

Mount Pleasant Hospital: Welcome Rita Ferguson and Nikki Grimmer to Peri-Op; Martha Stuart to the OR Waiting Room and Maryann Jarnagin to assist in ICU.

RSFH Volunteer Opportunities:

Bon Secours St. Francis Hospital: We welcome applicants interested in escorting patients in the Imaging Department on Thursday or Friday and staffing the OR Waiting Room desk on Tuesdays. Joan is also looking for Information Desk help for Saturday afternoon and for a short shift on Monday at 4 p.m. Good customer service and basic computer skills needed.

Roper Hospital: Lynne Steele welcomes volunteers interested in serving in the Same Day Admissions area on 7 Buxton; the Information Desk Wednesday or Thursday mornings and for clerical assistance in the volunteer office.

Mount Pleasant Hospital: Patient Escort welcomes volunteer applicants interested in helping push patients in wheelchairs weekdays from 8 a.m. -10:30 a.m. ICU is in need of a volunteer with a background in healthcare on Mondays from 8 a.m. - 1 p.m. The Peri-Op department is looking for volunteers with administrative and organizational skills. Contact Laurie Glass for details.

RSF Volunteer Contact Information:

Bon Secours St. Francis Hospital: Joan Perry: 843-402-1156

Roper Hospital: Lynne Steele: 843-724-2080

Mount Pleasant Hospital: Laurie Glass: 843-606-7502

Hospice Volunteering: Laurie Beckman: 843-402-3260

Lowcountry Senior Center: Kimberly Palmer: 843-990-5555



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