

# Connections

Newsletter for the hospital volunteers, students & friends of Roper St. Francis Healthcare

March 2019

## Annual Safety Reviews

Thanks to all who attended annual volunteer meetings and to our guest speakers. There were good questions and some thoughtful discussion. Service volunteers (not short term students or new members) should have also completed the 2019 annual safety review and quiz to update your file for the year. Do so now if you have not done it yet. Thanks for helping to keep our files in order.

## Xavier Society Gala

The Roper St. Francis Foundation held the Xavier Society Gala on 2/1 at the Belmond Charleston Place Hotel. Evelyn Brown, Debbie Carter, Andre Guillet and Joan Perry, James and Caroline Anderson represented the volunteer department in style! Dr. John Corless was awarded the Physician Champion award and the guest speaker was Dr. Sanjay Gupta from CNN.



## Roper Berkeley Progress

Volunteer Neen Durkan joined a small group of teammates on a hard-tour of the Roper Berkeley hospital building under construction. She is now serving to welcome patients entering the new medical office building and offering directions.



## Happy St. Patrick's Day

May your pockets be heavy and your heart be light,  
may good luck pursue you morning and night.

**Irish Blessing**

**RSFH Valentine's Day fun with the Heart mascot, Officers Neil Sineath & Sgt. Robert Feeters, Sara Burd - Miss South Carolina U.S. International, Cupid and the Charleston Barbershop Chorus!**



## Dates To Remember

### Teammate Forums

Volunteers are invited to join staff at the CEO Teammate Forums and be the ones in the know!

#### Bon Secours St. Francis - Mall Classrooms

Thursday, 3/21: 7:30 a.m., 3 p.m.  
Monday, 3/25: 9 a.m., 1 p.m.

#### Roper Hospital - Irene Dixon Auditorium

Monday, 3/11: 7:30 a.m., 1 p.m., 3:30 p.m.  
Wednesday, 3/13: 1 p.m., 7:30 p.m.

#### RSFH Mount Pleasant Hospital - MOB Classrooms

Monday, 3/11: 8 a.m., 2 p.m.  
Thursday, 3/14: 7:30 a.m.

### Walk for Water

Join the RSFH River Rat team!

Saturday, 3/20: N. Charleston Riverfront Park  
Join Joan Perry & RSFH teammates supporting the cause for fresh clean drinking water world wide.  
Participants and donations welcome!

Register at: <https://tinyurl.com/RSFHRiverRats>

### Wear Fun Socks on Down Syndrome Day

Thursday, 3/21: **3/21** symbolizes the extra chromosome people with Down Syndrome carry. It also stands for World Down Syndrome Day. Wear fun socks! When people ask about them, tell them about Down Syndrome. Take a picture and share!

### Annual Volunteer Recognition Luncheon

Saturday, 4/13: Active service volunteers will join to celebrate the year's service and successes. Details to follow. RSVP required.

## Waring Senior Center Opens

The eagerly awaited Waring Senior Center is opening on the Bon Secours St. Francis Hospital campus on 3/4. Hours will be Monday - Thursday: 7 a.m. - 7 p.m., Friday: 7 a.m. - 4 p.m. and Saturdays 8 a.m. - 1 p.m.

## SCRUBS Summer Camp

Applications are now available for the 2019 summer SCRUBS Camp. The camp will be held 6/17 - 21 for students ages 14-15 interested in health careers. Packets are available from your volunteer coordinator or by calling 843-402-2273.

### 2019 SCRUBS Camp

Applications now available for students interested in health careers

#### SCRUBS Health Career Exploration Camp



Learn from experts in healthcare who love their work

## Getting to Know You - BSSF

Sarg Patel grew up in Boiling Springs, S.C. and relocated to attend the College of Charleston. He is Student Government Senator and Service Chair for Alpha Chi Sigma. He joined the volunteer team in 9/18 and has been a perfect fit in the Post Anesthesia Recovery Room on Thursday afternoons. He has served fifty hours logging patients in and out, assisting the staff and updating families in the waiting room.



In his spare time Sarg enjoys running. He recently completed his first 5 K and is registered for the Cooper River Bridge Run. He enjoys longboarding around the city.

Aiming for medical school and a career in surgery, Sarg has found PACU to be a good fit. Sarg states he has learned a lot from the team, made strong friendships and enjoys the camaraderie.

## Getting to Know You - MPH

Megan Knight is the eldest of two siblings and a senior at Wando High School where her younger brother is a freshman. She was born in Greenville, S.C. and the family moved to Mt. Pleasant when she was six months old.



Aiming for a career in medicine, Megan recently completed the in-hospital SCRUBS mentoring program. She loved her time in the Women's, Infant & Children's department and the sense she was helping the nurses who were so appreciative. She has offered to continue to lend a hand as a service volunteer.

Megan always knew she wanted to help people, and she shared classes with people with the same interest. As a freshman at Wando High, her Guidance Counselor recommended she take a bio-med class. "We dissected a sheep's heart, and it was so cool. I know I want to specialize in cardiac medicine." Megan enjoys working out, hanging out with friends and volunteering. She will head to Wofford University in the fall for college and major in Biology.



As you slide down the banister of life,  
may the splinters never point in the wrong direction!

**Irish Blessing**

## Volunteer News:

- Neurosurgery for Roper St. Francis Healthcare will soon be consolidated at the Bon Secours St. Francis Hospital campus. Bon Secours St. Francis Hospital is considered a national leader for its neurosurgery and spine programs based on excellent patient outcomes and efficiency in delivering this specialty care. Two large 1,000 square foot operating rooms were added in 2016 equipped with advanced imaging capabilities that enable the latest minimally invasive surgeries.
- Roper Hospital welcomed the da Vinci XI to RSFH's family of surgical robots. Our new robot provides less invasive, lower-risk procedures and quicker recovery times for patients, and it enables doctors to prescribe less recovery pain medication, such as opioids.
- Beginning this year, RSFH has a new blood provider, The Blood Connection. You are encouraged to become familiar with The Blood Connection and to support it through blood drives. Because it's a community blood bank, blood donated locally will be used within our hospitals.

### Roper Hospital:

- The Roper lunch group will meet Monday, 4/8 at 1p.m. at the Rutledge Cab Company for \$5.00 burgers. Let Lynne know if you can join us so she can make an accurate reservation.
- There will be information desk classes throughout the month of March held in the volunteer office please see the class schedule at the information desk or in the volunteer office. Learn how to search for doctors, ask questions, bring suggestions to make your job easy. No RSVP required to attend.
- New lights have been installed in the Doughty Street garage they are so bright and make the garage so much easier to navigate as well as safer.
- Our project for this month is collecting blankets and towels for the Charleston Animal Society. Donate in the volunteer office and Lynne will see that they get delivered.

### Bon Secours St. Francis Hospital:

- Volunteers frequently suggested that the outside signage be improved and we think you will be pleased! Building numbers are larger and directional signs have been updated.
- Judy Graham in Nursing Administration invites volunteers to join the Back Pack Buddies project and pick up individual portion food items for hungry elementary students. She can use lunch/dinner items (Pastas, tuna, mac & cheese, noodles and Vienna Sausage) and oatmeal, grits and drinks.
- Thanks to Emily Russell who made handcrafted Valentine's Cards for every inpatient at Bon Secours St. Francis Hospital!

### Mount Pleasant Hospital:

- Thank you to everyone who made it to the annual volunteer meeting. We are especially appreciative to Tavia, our CAO, Cile Guerry and Gretchen Ring for taking time to come and speak at our meeting and for the valuable information shared.

- Sign up in the Volunteer Lounge if you are interested in participating in the Secret Shopper program with Infection Prevention.
- Save the date for our next MPH volunteer social on Thursday, 3/21. Social Ambassador Jack Connelly, is scouting the area for a fun new venue. Stay tuned.
- Welcome back to Jim, Molly and Raggs Merryman! We missed you!
- Thank you Bob Driscoll, Noel Johnson, Linda and Max Baker, Meg and Beasley Mauro for all you did to "show the love" to our patients, teammates and visitors on Valentine's Day.

## Getting to Know you - Roper Hospital

Kelsey Shank is from Lake Wylie, S.C. and is a senior in Public Health at the College of Charleston, applying for the fall nursing program at MUSC. She is a member of the campus Public Health Society and Greek Life.



Kelsey joined the Roper Hospital volunteer team in 2017 and has accumulated 176 hours served in the Emergency Department reception, Same Day Admissions and currently in the Heart & Vascular tower. Along with volunteer service she earned her SCRUBS mentoring program certificate and has been a delight to have on our team.

Kelsey also volunteers with the Lowcountry Food Bank, Ronald McDonald House and participates in an internship in trauma resilience and recovery program at MUSC. She will soon travel on a mission trip to Ecuador with MedLife

## Volunteer Book Club

*With Ursula Limpert*



March brings shamrocks, leprechauns and books by the Irish who are known to be gifted writers. The following recommended books include a classic of Irish literature, a Pulitzer prize winner and books written by a beloved contemporary Irish author.

James Joyce's classic, **The Dubliners**, was first published in 1914. This collection of short stories depicts slices of Irish life, all within the confines of Ireland's big city of Dublin in the early years of the last century.

The next book, **Angela's Ashes** by Frank McCourt, won the 1997 Pulitzer Prize for Autobiography. The author's memoir, self described as an "epic of woe," relates personal tales of growing up in the slums of Limerick, Ireland during the Depression.

Popular contemporary Irish writer, Maeve Binchy, has delighted readers for almost four decades. Her books are best known for humorous portrayals of small town life in Ireland, descriptive characters and often clever surprise endings. Some of her recommended titles are: **Light a Penny Candle**, **Scarlet Feather**, **Tara Road** and **Nights of Rain and Stars**.

So sit down and enjoy the Irish gift of writing with some of these recommended titles. And may the wind be ever at your back.

## Happy Birthday!

3/01 Debbie Carter, Doris Miller  
3/02 Lauren Castriota  
3/03 Jim Anderson  
3/05 Bonny Collins  
3/06 Joanne Gottschall  
3/07 Shirley Davidson, Marie Paul McNeice  
3/12 Eretta Maybank, Melissa Snyder  
3/13 Brooke Cole  
3/15 Anna Urbano, Mary Wrixon  
3/17 Sally Bratz  
3/18 Allan Benezra  
3/20 Irene Smith  
3/21 Gerald Holst  
3/22 Janice Itnyre  
3/24 Don Scooler  
3/25 Sarah Edwards  
3/26 Beyonce Patterson, Raymond Schmelter  
3/27 Mary Eisenstein, John Hogg  
3/29 Jorge Alejandro, Carol Diamond,  
Sheila Gianatos, Beulah Gorecki  
3/30 Bryan Armstrong, Patricia Pribek

## Welcome New Volunteers:

**Roper Hospital:** Welcome Holmes Clare to the Admitting office, Mikayla DiDonata to 6 East, Katie Gailbreath to Transport, William Baker to PT and Elizabeth Yarborough, Emily Ritter and Gage Quarles to the SCRUBS program.

**Bon Secours St. Francis Hospital:** Welcome Shula Holtz to Phlebotomy, Jean Gill to Mammography, Vickie Bacon to the Cancer Center, Albertha Mazyck to Outpatient, Dawn Glassburn to SPCU, Marie-Paul McNeice as Lobby Ambassador, Eric Jackson to PT and Noel Tufts, Darriell McKinley, Laura Sarmiento to SCRUBS. Welcome back Daniel Blakeny to the Emergency Department.

## RSFH Volunteer Opportunities:

**Bon Secours St. Francis Hospital:** Joan Perry welcomes applicants interested in serving to welcome, offer hand sanitizer and serve as lobby ambassadors, stocking magazines in waiting rooms, Imaging Department escort and we are in need of a Thursday Golf Cart driver.

**Roper Hospital:** Lynne Steele welcomes volunteers interested in staffing the Information Desk on Friday Morning and Thursday afternoons.

**Offsite Offices:** The Diagnostic Lab on St. James Ave. in Goose Creek welcomes morning lobby escort assistance on Mondays and Fridays. Touch base with Lynne Steele if this role and location would be of interest.

**Mount Pleasant Hospital:** The Mammography staff have added a new 3-D machine and anticipate seeing fifty patients a day. They welcome volunteers interested in escorting patients to the dressing rooms, giving instructions and assisting in the waiting room on Tuesday and Wednesday mornings. The Emergency Department is in need of volunteers in the evenings. Please see Laurie Glass for more details, if you are interested in either of these opportunities.

## RSF Volunteer Contact Information:

We rarely have all RSFH volunteer coordinators together but caught everyone in action at the Lowcountry Senior Center Volunteer Fair.

Pictured left to right: Lynne Steele - Roper Hospital, Laurie Glass - RSF Mount Pleasant Hospital, Joan Perry - Volunteer Director & Bon Secours St. Francis Hospital, Kimberly Palmer - Lowcountry Senior Center and Laurie Beckman - Hospice Volunteer Coordinator. See contact information below:



**Bon Secours St. Francis Hospital:** Joan Perry: 843-402-1156

**Roper Hospital:** Lynne Steele: 843-724-2080

**Mount Pleasant Hospital:** Laurie Glass: 843-606-7502

**Hospice Volunteering:** Laurie Beckman: 843-402-3260

**Lowcountry Senior Center:** Kimberly Palmer: 843-990-5555



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