

Connections

Newsletter for the hospital volunteers, students and friends of Roper St. Francis Healthcare, Charleston

March 2018

You Said it Best!

We were so pleased with some of the comments about RSFH teammates and volunteers on your annual surveys that we pulled out a few to share.

- **Emma Chambers** - Rehab at Roper Hospital, is the kindest supervisor I have ever had the pleasure to work with. I can always see how much she does to help her employees be successful in their jobs.
- All the staff at the West Ashley **Cancer Center** infusion area should be commended for their outstanding performance and hard work. The nurses give unconditional love and compassion to their patients at all times. Congratulations to the hard working nurses.
- The entire **SPCU** staff at St. Francis should be commended for outstanding performance everyday. The staff addresses the needs and care of the patients in an exceptional manner. They take time to speak with their patient's loved ones on a regular basis and answer all questions. The SPCU staff is exceptional in every way.
- **Molly** the service dog! She visits the patients and makes their day happy.
- **Mark Dickson** is a devoted family man and always has a smile on his face for anyone who is lucky enough to receive it!
- The **3rd St. Luke staff** at St. Francis are all excellent caregivers. I've worked with them for twenty five years. They should each receive an award.
- **Heather Capps** in Mammography at St. Francis is knowledgeable and informative. She is personable with all the staff and patients. You can count on her for guidance and support. Her friendly and outgoing personality makes everyone feel at ease. I can't say enough positive about her.
- **Hannah Coyne** is a wonderful chaplain and always seems to enjoy her work.
- **Charles Icard** is always interested in how we are doing and giving advice on different topics.
- **Lynne Steele** - RH coordinator, is very supportive of the volunteers and much appreciated.
- **Traci Ray** and **Amber Hoover** in the Diabetes Treatment Center are consistently friendly and helpful.
- My supervisor **Joan Perry** - director, stands out. She is in charge of so many volunteers and cares about us all. Joan has an amazing mind and knows her volunteers well. She is a remarkable woman and supervisor.
- The **ICU - MPH** staff are wonderful and a pleasure to work with. They have been willing to answer all of my questions and teach me about the things that they do. This is great and has helped me in my nursing school studies. I love being able to help them.
- **Laurie Glass** - MPH coordinator, is well suited for her job. She encourages us as we preform our regular assignments and recognizes those who exceed performance. When necessary to correct, she does so with kindness, tact and privately. I enjoy every minute I work with Laurie.

Valentine's Day Fun at Roper St. Francis Healthcare!



Dates To Remember

March is National Colorectal Cancer Awareness Month

Dress in Blue - Friday, 3/2

HOPE Bags Decorating Day

Join a craft day to help decorate HOPE bags filled with items needed for children when they are taken into foster care. Teammates fill and decorate the white canvas bags.

Walk for Water

3/17; North Charleston Riverfront Park

Join Joan Perry and the RSFH River Rats Team at: charlestonwalk.org.

Team Captain: Lauren Smith at 843-402-1025.

Walkers and donations welcome!

Getting to know you - MPH

Ashlyn Wells was born in Mount Pleasant. In a recent conversation with a fellow volunteer, Richard Neapolitan, they determined that it is quite possible that his wife Deb, who was a Labor and Delivery nurse at East Cooper Hospital, may have had a hand in bringing Ashlyn into the world. Ashlyn is the youngest of two children and has an older brother. She is a junior at Wando High, where she is part of the AP Academy. Her favorite subject is science, specifically chemistry. Ashlyn's hobbies are playing the piano, which she has been doing since the age of five and "dog petting." She has two dogs, Heidi a Golden Retriever and Jack a Cavachon.



When Ashlyn talks about a career in medicine, her face lights up. She participated in her first mission trip to Haiti in 2014. She states, "While I was there they built a medical facility, but had no one to staff it. That's when I realized there was a need for doctors all over the world." Ashlyn is going on another mission trip in June to Togo, Africa with her church.

Ashlyn volunteers in the surgical waiting room two days a week after school and offers a wonderful smile and a warm welcome. She enjoys helping people and making a difference and she does that at Mount Pleasant Hospital!

Wash Your Paws!

It's been a rough flu season and we hope you have stayed healthy. Our infection prevention staff reminds us to wash our hands when starting work, before going home, before and after any personal activity like eating and going to the bathroom and on entering or leaving any patient room or patient contact. Wipe down surface areas and wheelchairs. We do hand hygiene everyday but it is something the Joint Commission surveyors will be particularly looking for.

Getting to know you - Roper



Irene Holland was born in Old Trafford, England. During WWII her father was in the Army, tasked with protecting oil fields in Iran from the Germans. She enjoyed living in Iran at that time. She has also lived in Sydney, Australia, Canada and the United States.

She met husband Harry in Ohio. He was smitten with her but she was not impressed. After several attempts she finally agreed to date him but held him off for a year and

half turning down two marriage proposals. Third time is a charm and she said yes! They were married fifty-three years before he passed away a few years ago. Most of their married life was spent in Greenville, S.C.

Lucky for us, Irene's true love is volunteering in healthcare. She has served in hospitals for over fifty years. She began in the General Hospital in Greenville, S.C. then Greenville Memorial and ultimately helping out in the orthopedic surgical clinics at Greenville Hospital.

Irene moved to Charleston last year to be closer to family. Irene and Harry had two children - son Harry Holland, Jr. lives in North Carolina and daughter - Elizabeth McDowell lives in Mt. Pleasant. She has two grandchildren - Holland McDowell, currently studying medicine in Edinborough and Lulu McDowell, still at home.

Irene is a member of Hibben United Methodist Church and volunteers in their shelter ministry. She plays bridge, golf, talks to plants and is on the hunt to obtain a mid size dog for companionship.

Irene is determined to stay busy, making her a perfect fit for Roper's Ambulatory Surgery area where she has been serving twice a week. Her wealth of experience has been a great gift to us.

Annual Updates

Thanks to our guest speakers for presenting at the annual volunteer meetings. Chief Nursing Officers - Pennie Peralta, Carolyn Donohue and Tavia Buck gave hospital and system updates. Mary Holmes and Renee Hilburn discussed infection prevention and hand hygiene and Jean Clark traveled to each hospital to catch us up to speed on the Joint Commission visit anticipated this year. Lisa Reel helped sort out laboratory directions at MPH. Thanks to our volunteer models for demonstrating safety codes!



Note: All of us are required to do the quick annual safety review. If you have not submitted yours please do so now or contact your coordinator if you need a copy. We appreciate those of you who took the time to attend the meetings.

News:

- The 2018 SCRUBS summer health career camp will be held June 11 - 15 for students ages 14-15. Application packets are available from your volunteer coordinator.
- Joan, Lynne and Laurie will be out of office on 3/7 for leadership training.

Roper Hospital:

- Welcome new RH funding committee members for 2018 - Bonnie Bell, Pam Chesney and John Ozmore. Our gratitude to members completing their term of service - Bernie Ditter, Kathleen Fitzgerald and Lee Moultrie.
- The Roper Rehab Hospital is expanding with fourteen beds. Be alert for construction on the third floor as they prepare for the 3 Petit addition.
- Wear green on 3/16 and offer to help pass out treats for St. Patrick's Day. Let Lynne know if you can help.

Bon Secours St. Francis:

- Twenty eight students participated in a SCRUBS U career session on PT/OT careers on 2/8. Thanks to Kim Malmgren for coordinating student activities in Rehab last year. Pictured Mary Lamb and Mariana Obando demonstrate proper use of crutches.
- Elizabeth Bernat - Director of Senior Services, reports that the Waring Senior Center on the BSSF campus should be completed this summer.
- Thanks to Sara Burd - Miss South Carolina Global US 2017 for serving as an honorary volunteer on Valentine's Day and walking all over the hospital in heels.
- Joan sends thanks for all the birthday wishes and cards!



Mount Pleasant Hospital:

- The therapy dog petting booth was a Valentine's day hit at MPH! Thanks to our pet therapists, the therapy dogs, "Classie Cupid" and the Charleston Barbershop Quartet. Our patients, visitors and teammates feel well loved and appreciated on Valentine's day.
- It's official - there will be a new traffic light installed at Faison and Hwy 17, on the south end of the hospital.
- The pet therapy team is growing. Welcome our newest member, Ragamuffin, a Golden Doodle.
- We received a card from Myra Gabel thanking everyone for their kind thoughts with Harold's passing.
- Congratulations Linda Reinshmidt for receiving the Acts of Kindness pin and letter from Lorraine Lutton, CEO & President, for showing extraordinary kindness to one of our patients.
- Friday, 3/16 is Green Day at MPH to celebrate St. Patrick's Day. Touch base with Noel Johnson for details.
- Stay tuned for details on a March volunteer social.

Getting to Know You - BSSF

Joann Gibbons was born in the foothills of North Carolina in Wilkesboro and spent most of her life in the city of Lenoir. She has had an action packed life co-owning a family business scouting high school players for men's division 1 college basketball teams. Joann ran the office doing the accounting and payroll and meeting interesting sports personalities.



Joann moved to Charleston in 2016 after buying a house with her daughter, Claire. She leads an active life, volunteering in the community, walking, practicing yoga five times a week and participating in Sit & Fit classes. She is a member of Ladies Who Lunch club and enjoys Charleston's fine dining. Favorites restaurants are Sunday brunch at Hall's Chophouse, Hank's Seafood, Peninsula Grill, Magnolias and watching dolphins swim from the Charleston Crab House. Joann follows sports and is die hard a Tar Heels basketball fan. She loves horseracing and was thrilled to be at the Belmont Stakes in NYC to witness American Pharaoh claim the historic Triple Crown in 2015. She is an avid reader, movie goer, progressive Democrat, and has a new kitten waiting to be named!

Joann volunteers at the Lowcountry Senior Center staffing the Information Desk on Tuesdays. She joined the Bon Secours St. Francis Hospital volunteer team last October and has found her home in the mammography department in the Plaza building. Joann feels that mammograms saved both her and her sister's lives and her role here gives her a chance to do something worthwhile and an opportunity to give back.

Rx Society Gala

RSFH volunteers were well represented at the Rx Society gala at Charleston Place Hotel on 2/3 where we clearly had the best table! The featured speaker was Dr. Natalie Stavas, the inspirational Boston Marathon Hero, Humanitarian & Award-Winning Physician.

The gala is a donor appreciation event for donors who have contributed over \$1,000. Pictured below from left to right: Mark & Dianne Dickson, Andre Guillet & Joan Perry, Pam Chesney & John Ozmore, Carole & John Fay and Jan & Charlie Black.



Happy Birthday!

3/01 Debbie Carter
3/03 James Anderson, Jackie Ferguson,
Betty Hilton, Marisa Mayeaux, Leighton Pugh
3/05 Bonny Collins
3/06 Joanne Gottschall
3/07 Shirley Davidson, Waverly-Ann Mendoza-Walthall
3/12 Erveta Murphy
3/13 Brooke Cole
3/15 Brian Dobrowsky, Mary Wrixon
3/16 Ty Kourlas
3/17 Sally Bratz
3/18 Allan Benezra, Casey White
3/20 Irene Holland
3/21 Gerald Holst
3/24 Don Scooler
3/25 Sarah Edwards
3/26 Raymond Schmelter
3/27 Mary Eisenstein, John Hogg
3/29 Jorge Alejandro, Carol Diamond, Beulah Gorecki
3/30 Patricia Pribek
3/31 Trisani Mukhopadhyay, Sally Wojcik

Welcome New Volunteers:

Roper Hospital: Welcome Madeline Rausch, Sarah Williams - 6 East nursing unit; Brian Dobrowsky, Ty Kourlas, Renee Bennett, Mariana Velez - Clinical Research; Preya Desai, Owens Morgan - Mammography; Karen Hopkins - Rehab unit; Tania Smalls - Pharmacy; Tyler Stone, Ellis Simerly - Transport; Danielle Shaddix, Molly Long - 5 East nursing unit; Nick Larson - Ortho unit; Wilson Ford, Wyatt Wofford, Bianca Wallace - SCRUBS Mentoring program and Margaret Stypa - OT intern.

Bon Secours St. Francis: Welcome Waverley Walthall, Isabel McCluskey, Tatiyana Askins, Marisa Mayeaux, Kierrah Brown, Carol Laslow and Taylor Lehman into the SCRUBS Mentoring program.

Mount Pleasant Hospital: Welcome Kathie Braddock - 3 North, Bonny Luth - Administration and Ragamuffin Merryman - Pet Therapy.



"Sometimes all a person wants is an empathetic ear; all he or she needs is to talk it out. Just offering a listening ear and an understanding heart for his or her suffering can be a big comfort."

Roy T. Bennett

RSF Volunteer Opportunities:

Bon Secours St. Francis Hospital: Joan Perry welcomes applicants interested in driving the golf cart on Friday afternoon and eagerly welcomes help on Saturdays at the Information Desk.

Roper Hospital: Lynne Steele welcomes volunteers interested in serving as Mammography hostesses mornings from 8 a.m. - 12 p.m. or early afternoons until 2 p.m. and at the Information desk Tuesday's 8 a.m. - 12 p.m.

RSF Mount Pleasant Hospital: Laurie Glass is looking for Volunteers interested in working in the evenings in the ICU department from 4 - 7 p.m. Wednesday and Friday, and the MOB Information Desk from 12 - 4 p.m. Friday. If you like working independently, the Materials Department needs help counting supplies and checking for expiration dates. This is a flexible role and can be done any time between 8 a.m.- 4 p.m. weekdays.

LCSC Volunteer Fair

Thanks to the Lowcountry Senior Center for welcoming us to recruit healthcare volunteers at the annual Volunteer Fair. It was wonderful to see so many familiar faces of people who volunteer for non-profits all over Charleston.



RSF Volunteer Contact Information:

Bon Secours St. Francis Hospital: Joan Perry: 843-402-1156

Roper Hospital: Lynne Steele: 843-724-2080

Mount Pleasant Hospital: Laurie Glass: 843-606-7502

Hospice Volunteering: Laurie Beckman: 843-402-3260

Lowcountry Senior Center: Kimberly Palmer: 843-990-5555



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