



ART OF HEALING PROGRAM

Roper Rehabilitation Hospital is one of the first in the nation to offer Art of Healing. This wonderful program allows patients to choose the art that will be hung in their room to help inspire their recovery. All of the art has been donated by local artists and photographers.

STROKE SUPPORT GROUP

Roper Rehabilitation Hospital offers a stroke support meeting once every two months. Family members and stroke survivors are offered training, a meal and support from other patients and caregivers for coping with life after a stroke.

DRIVING ASSESSMENT PROGRAM

The Rehabilitation Hospital offers a driving assessment program led by a Certified Driving Rehabilitation Specialist. This program helps to get patients back into driving safely and comfortably. The program includes computerized driving simulation and actual field driving in collaboration with A-Lord Ashley driving school. Adaptive driving equipment is available for trial and training.

MASSAGE THERAPY

We are pleased to offer massage therapy services to both our patients and their families for a fee.

LATEST TECHNOLOGY

Roper Rehabilitation Hospital has the latest technology including the Bioness system for upper and lower extremities and a lift system for body weight support training. In 2014, we became the first in South Carolina to offer the exoskeleton system for qualified spinal cord injury patients.

CENTER FOR SPINAL CORD INJURY

Our Center for Spinal Cord Injury was the first of its kind in the Lowcountry. The center offers a full-day of evaluations and training for patients with a spinal cord injury. Patients leave with a custom care plan. The program includes counseling, a peer mentoring program and recreational therapy to assist with patients returning to community activities, such as adaptive water skiing and wheelchair basketball.

BED RESERVE AGREEMENT WITH MUSC

In 2009, we entered into a bed reserve agreement with the Medical University of South Carolina (MUSC). This collaborative effort provides a cost-effective and quality program that benefits both our patients and community.

DDSN

Because the hospital is accredited by CARF, patient services can be covered under DDSN funds for traumatic spinal cord and traumatic brain injury.

YOU CAN HELP

A gift to the Roper St. Francis Foundation will help support the health of our community. To learn more, go to www.rsfhfoundation.org.

FROM REHABILITATION TO RECOVERY

At Roper Rehabilitation Hospital, we help our patients with disabling injuries or illnesses reach their highest possible level of independence. Our expertise helped more than 82% of our patients return to their homes versus an institutional setting in 2015.

COMMISSION ON ACCREDITATION OF REHABILITATION FACILITIES (CARF)

Roper Rehabilitation Hospital is nationally accredited for the following:

- Inpatient Rehabilitation Programs – Hospital (Adults)
- Inpatient Rehabilitation Programs – Hospital: Stroke Specialty Program (Adults)
- Inpatient Rehabilitation Programs – Hospital: Brain Injury Specialty Program (Adults)
- Inpatient Rehabilitation Programs – Hospital: Spinal Cord System of Care (Adults)
- Interdisciplinary Outpatient Medical Rehabilitation Programs: Spinal Cord System of Care (Adults)





ROPER REHABILITATION HOSPITAL

The Roper Rehabilitation Hospital is a 52-bed unique hospital within Roper Hospital that is dedicated to rehabilitation and functional recovery. Our excellent team is committed to making every moment of your recovery matter.

Our hospital features an activity room, dining room and gymnasium all within close proximity to the patient rooms. Our Real Life Room has a car for practicing transfers, steps of various heights, ramps and different surfaces for walking. All of our patient rooms are specially designed with amenities such as wheelchair accessibility.

ADMISSION CRITERIA

Admission criteria for patients is determined by Rehabilitation Referral Coordinators, the acute care doctor and ultimately the physiatrist (a doctor trained in physical medicine).

The following criteria must be met:

Must be reasonable and necessary in terms of efficacy, duration, frequency and amount

Must be reasonable and necessary to furnish care on an inpatient hospital basis rather than a less intensive setting such as a skilled nursing facility

Requires medical supervision by a physiatrist at least two to three times per week

Requires rehabilitation nursing for 24 hours per day

Able to tolerate and participate in intense rehabilitation services three hours per day at least five days per week

Requires two or more skilled disciplines (*physical therapy, occupational therapy or speech language pathology*)

Has a probability of functional improvement in a reasonable period of time

Has a diagnosis in one of the case mix groups payable by Medicare

CONDITIONS TREATED

Some of the conditions we most commonly treat include:

Stroke

Spinal cord injury

Congenital (*birth*) deformities

Amputation

Major multiple trauma

Fracture of femur (*hip fracture*)

Pelvic fracture that disrupts the pelvic circle

Brain injury

Neurological disorders (*Multiple Sclerosis, Guillain Barré, Parkinson's Disease, peripheral neuropathy, etc.*)

Burns

Active, polyarticular rheumatoid arthritis, psoriatic arthritis and seronegative arthropathies*

Systemic vasculidities with joint inflammation*

Severe or advanced osteoarthritis*

Knee or hip joint replacement if:

- bilateral
- patient at least 85 years of age, or
- Body Mass Index (BMI) of 50 or greater

*Additional criteria must also be met.

TEAM APPROACH

At Roper Rehabilitation Hospital we approach your recovery goals as a team. Our team consists of the patient and their family, as well as physical therapists, occupational therapists, speech and language pathologists, neuropsychologist, social work case managers, certified therapeutic recreational specialists and nutritional services. During their stay, a patient's care is directed by a physiatrist.

WHAT TO EXPECT

The hospital's professional staff members are trained to help motivate and educate patients and their family members in all aspects of the rehabilitative process. Each patient is expected to participate in three hours of therapy at least five days a week. Our team's number one goal is to help patients regain the physical, emotional, social and verbal skills needed to function at home, work and in the community. Unlike the care provided in acute care hospitals, patients are encouraged to perform activities for themselves, within the safety and medical limits of their disability.

The average patient's stay is 10 to 14 days with some patients staying longer and others staying less depending on their diagnosis and progress. Due to scheduling, the primary doctor typically will only visit a patient during their rehabilitation if there is an immediate acute care need or at the request of the physiatrist.

PATIENT AND FAMILY INVOLVEMENT

Family members play a crucial role in patient rehabilitation. By attending family support groups and participating in family education programs, family members can develop a sense of understanding and confidence in helping patients achieve their recovery goals.

In certain instances, prior to discharge, family members will be encouraged to take patients out of the hospital on a therapeutic leave of absence to assess any additional barriers. The therapy staff will work with both patients and family members before and after these outings to enable them to be a productive part of the rehabilitation process.

A social work case manager will help coordinate family teaching and patient discharge planning.

WHAT TO BRING

It is important that a family member be present during the admission process. Family members are asked to bring the following for patients being admitted to the Rehabilitation Hospital:

Loose-fitting clothing such as pants, shorts and shirts

Underclothes (*bras and underwear*) and socks

A lightweight jacket or sweater

Non-skid shoes such as tennis shoes

Personal toiletries including shampoo, make-up, deodorant, toothbrush and toothpaste, shaving supplies

List of medications taken at home

Medical insurance information and/or Medicare card

Glasses or hearing aids and accessories

Dentures and accessories

VISITATION

Because therapy is so important in achieving maximum independence, visitors are asked to discuss a visitation schedule with their social work case manager. Normal treatment hours are from 7 a.m. to 4 p.m. and are subject to change. Immediate family members or caregivers are welcome to visit during therapy to observe how their loved one is progressing and to ask questions. Extended family and friends are encouraged to visit after treatment times between 4 and 9 p.m.

STAFF EXPERTISE

Our therapists are certified in brain injury, neuro-developmental training, driving assessment, neuro-IFRA, stroke rehabilitation, ASIA certification, and Neurologic Clinical Specialist. The Roper Rehabilitation Hospital leads the nation with 87% of our eligible registered nurses certified in rehabilitation nursing.

We have five expert physiatrists trained in physical medicine and rehabilitation, including a spinal cord injury fellowship trained physiatrist for our upcoming neuro/stroke unit.



PATIENT SATISFACTION

A patient satisfaction survey, conducted in 2015 by an independent research firm, named Roper Rehabilitation Hospital as one of the nation's top 10% of hospitals for providing excellent care seven out of the last eight years. Our staff continues to work hard to provide an excellent rehabilitation program. If patients or family have any concerns or questions during their stay, please contact the Clinical Manager at (843) 724-2874.

www.rsfh.com/rehabhospital