

ROPER ST. FRANCIS HEALTHCARE

CPR and AED Training

You can save a life.



 **ROPER**
ST. FRANCIS
HEALTHCARE

THE IMPORTANCE OF TRAINING

According to the American Heart Association, nearly 80% of all heart attacks occur at home, so being trained to perform cardiopulmonary resuscitation (CPR) may mean the difference between life and death for a loved one. CPR properly administered immediately after a heart attack can double a person's chance of survival.

An automatic external defibrillator (AED) is a small, lightweight device that can restore normal heart rhythms to someone having sudden cardiac arrest. These lifesaving devices can now be found in most public places such as schools, malls, airports and stadiums. AEDs can also be purchased for the home.



With the proper training in CPR and AED use, you can save a life.

WHAT YOU WILL LEARN

During the course you will learn how to perform CPR and operate an AED on an adult. You may also learn infant CPR. This course is certified by the American Heart Association.

The class is three hours long and FREE for Roper St. Francis Heart & Vascular Center patients and their families.

TO REGISTER

For a class schedule or to register for an upcoming course, call 402-CARE or 1-800-863-CARE.



www.rsfh.com